

## **CURRICULUM VITAE**

### ***Dr. Abdullah Ahmed Al-Zahrani***

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### **Qualifications:**

- Ph.D in Clinical Psychology, Curtin University, Perth, Australia (2007).
- M.A in Clinical Psychology, King Saud University, Riyadh (1999).
- B.A. Clinical Psychology, King Saud University, Riyadh (1994).

### **Objective:**

- To work in a place where I utilize my knowledge and experiences in the fields of academic work, and research, which contribute to develop psychological consultations for patients.

**Research Interest:**

Nature and treatment of anxiety disorders, particularly Social phobia, depression, Personality & Psychological measurements.

**Academic and Proficiently Experiences:**

- 2011- Now Director of students' Support program for Health colleges.
- 2011 Reviewer in National Olympiad for Scientific Creativity – International Dhahran Malls – Kobar city.
- 2009- now Director of students' counseling program for Health colleges.
- 2010 Member in the committee of M.A Program in medical education in king Saud bin Abdulaziz Health University.
- 2010 Chairperson of the delegation which visited Australian Universities.
- 2010 Representation of the National Center for Youth Research at King Saud University at the National Center for Youth Melbourne University.
- 2010 Lecturer Diploma in Family Guidance - Ministry of Social Affairs.
- 2008 – now Member of faculty in Riyadh Health Sciences College and present psychological consultations services for students and staff.

2003 - 2007	Academic Affairs in General Directorate for Health College in Ministry of Health.
2000-2003	Lecturer in Riyadh Health Sciences College.
2000-2001	Psychologist in Mental Health Hospital in Riyadh.
1997-2002	Admission & Information Department in General Directorate for Health College in Ministry of Health.
1996-1997	Examination section in General Directorate for Health College in Ministry of Health.
Training: 2010	Trainee in communication skills course of- family guidance program guidance and rehabilitation association(waie) Riyadh- Alhasa family promotion.
2010	Trainee in psychological health course of- family guidance program guidance and rehabilitation association(waie) Riyadh- Alhasa family promotion.
2009	Trainee in communication skills- Radiology Course- King saud medical complex- ministry of health.

**Scientific Membership:**

- Member, Australian Association of Cognitive and Behavioral Therapy (AACBT).
- Member, Asian Association of Social Psychology (AASP).

### **Conferences and Presentations:**

Sixteenth Annual "Students' Counseling" - 30<sup>th</sup> Sep to 2<sup>nd</sup> Oct- 2010- Las Vegas, USA.

Pacific Association of Students' Services- 6/7 to 9/7- Queensland University for Technology- Australia- South- East Asia Conference of Psychology-9/7 to 11/7/2009, Malaysia.

- Al-Zahrani, A. (2009) Southeast Asia Psychology Conference (SEAP) "Challenges and Opportunities in Southeast Asia", 09<sup>th</sup> – 11<sup>th</sup> July, Psychology and social Health Unit and School of Psychology and Social work , University Malaysia Sabah.
- Al-Zahrani, A. (2007) Testing an Aetiological model of social phobia: A Study in the Kingdom of Saudi Arabia. Paper presented at the Seventh Conference of Asian Association of Social Psychology, 25<sup>th</sup> -28<sup>th</sup> July, Kota Kinabalu, Sabah, Malaysia.

### **Academic & Practical Courses:**

2010 Health Colleges Strategy, King Saud University- with Collaboration with Harvard University.

2010 Micro-Teaching- King Saud University.

2010 Effective Teaching- King Saud University.

2010 Students' Evaluation- King Saud University.

2010 Curriculum Building- King Saud University.

2009 Quality in Higher Education- King Saud University.

2009 Effective Communication, king Saud University.

- 2007 Workshop-nature and Treatment of Obsessive-Compulsive Disorder, Curtin University, Perth, Australia.
- 2007 Workshop-Behavioral Family Intervention, Curtin University, Perth, Australia. Workshop-WAIS-IV Scale (for children) Administration and Scoring Learning Reflection, Curtin University, Perth, Australia.
- 2007 Workshop-WAIS-IV Scale (for Adult) Administration and Scoring Learning Reflection, Curtin University, Perth, Australia.
- 2006 Workshop-a one day Professional Development Course on Sex Therapy, Edith Cowan University, Perth, Australia.
- 2006 Training-Aussie Optimism Social Life Skills Program in schools, Curtin University, Perth, Australia.
- 2005 Training-SPSS Statistics Program, King Saud University, Riyadh.
- 2005 Training-Electronic Search of journals (GECKO), Curtin University, Perth, Australia.
- 2002 – 2003 English Language course (ELICOS), Curtin University, Perth, Australia.

**Community Services:**

- 2007 Lecture titled "Effective of communication skills", King Saud Medical Complex.
- 2007 Lecture titled "The Relationship between Motivation and Behavioral Creation", Technical Institute for Health Training.
- 2008 Lecture titled "Internal-Personal communication and Human Relationship", King Saud Medical Complex.
- 2009 Lecture titled "Psychological war", Technical Institute for Health Training.

**Research under Process:**

- Testing an aetiological Model of Social Phobia: A Study in the kingdom of Saudi Arabia.
- The relationship between irrational beliefs and depression symptoms among mothers of children with autism disorders in Saudi Arabia.
- Faculty development: faculty's priorities in enhancing academic excellence.
- The relationship between future anxiety and attitudes toward professions among students of nursing college at king Saud University.
- The relationship between Job satisfaction, social support and psychological stress among psychologists at institute of special education.