

THE EVOLUTION OF NURSING THEORY

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Objective;

Upon completion of this session you will be able to;

- * Illustrate element of nursing theories.
- . * Discuss nursing theoretical evolution

Element of nursing theories.

Person: Individual, family or group

Health: Continuum of wellness to terminal illness

Environment: Place or community where care is provided

Nursing: Actions; interactions of the nurse with the person

The Evolution of Nursing



Since the early 1950s, many nursing theories have been systematically developed to help describe, explain, and predict the phenomena of concern to nursing.

Florence Nightingale's Influence on Knowledge Development in Nursing

Described nursing as both an art and a science.

Stressed the Viewed a person's health as the direct result of environmental influences (cleanliness, light, pure air, pure water, efficient drainage).

Environment; Foundation of theory



The turn of the 20th century marked the beginning of hospital-based schools of nursing.

Nightingale's principles were incorporated into modern nursing theory.

Early Nursing Theorists

Hildegard Peplau

Defined concepts of stages of nurse-client relationships.

Virginia Henderson

Defined basic human needs as the unique focus of nursing practice.

Early Nursing Theorists

Faye Abdellah

Identified 21 nursing problems that became the foundation of nursing diagnoses.

A list of 21 nursing problems;*

Condition presented or faced by the patient or family.

Problems are in 3 categories

physical, social and emotional

The nurse must be a good problem solver

Contemporary Nursing

— . .

The work of contemporary theorists form the theoretical basis for many interventions in current nursing practice.

Dorothea Orem
Sister Callista Roy

Dorothea Orem

Self-Care Deficit Theory of Nursing

Theory of Self-Care

Theory of Self-Care Deficit

Dorothea Orem

. Self-Care Model

Self-care comprises those activities performed independently by an individual to promote and maintain person well-being

Self-care deficit occurs when the person cannot carry out self-care

The nurse then meets the self-care needs by acting or doing for; guiding, teaching, supporting or providing the environment to promote patient's ability

Roy Adaptation Model

Developed by Sister Callista Roy, 1976.

Combined general systems theory with adaptation theory.

Goal of nursing is “promotion of adaptation”

Roy Adaptation Model

The person is an open adaptive system with input (stimuli), who adapts by processes or control mechanisms (throughput)

The output can be either adaptive responses or ineffective responses

Theories for the New Worldview of Nursing

Describe, explain, and predict the phenomena of concern to nursing from a more holistic perspective.

Jean Watson

Martha Rogers

Rosemarie Parse

The Theory of Human Caring

Developed by Jean Watson in the 1980s.

Conceptualizes human-to-human transactions that occur daily in nursing practice.

Ten carative factors are classified as nursing actions or caring processes.

Jean Watson

Philosophy and

Caring can be demonstrated and practiced

Caring consists of carative factors

Caring promotes growth

A caring environment accepts a person as he is and looks to what the person may become



A caring environment offers development of
potential

Caring promotes health better than curing

Caring is central to nursing

Watson's 10 Carative Factors

*Forming humanistic-altruistic value system

Instilling faith-hope*

Cultivating sensitivity to self and others*

*Developing helping-trust relationship

*Promoting expression of feelings

*Using problem-solving for decision making

Watson's 10 Curative Factors

Promoting teaching-learning*

*Promoting supportive environment

*Assisting with gratification of human needs

*Allowing for existential-phenomenological forces

The Science of Unitary

Developed by Martha Rogers in 1990.

The person is characterized as a human energy field that unites all aspects of the person into a unified whole.

Nursing aims to re pattern the rhythm and organization of these energy fields to heighten the integrity of the person.

Rosemary Parse

Human Becoming Theory

A human science and art that uses an abstract body of knowledge to serve people

More emphasis on relation of man , environment, and health.

Rosemary Parse

Human Becoming Theory includes Totality Paradigm

Man is a combination of biological, psychological, sociological and spiritual factors

Simultaneity Paradigm

Man is a unitary being in continuous, mutual interaction with environment

Originally Man-Living-Health Theory

Ida Jean Orlando

The deliberative nursing process is set in motion by the patient's behavior

All behavior may represent a cry for help. Patient's behavior can be verbal or non-verbal.

The nurse reacts to patient's behavior and forms basis for determining nurse's acts.

Perception, thought, feeling



Nurses' actions should be deliberative, rather than automatic

Deliberative actions explore the meaning and relevance of an action.

Summary.

Responsibility of nurses to know and understand theorists

Critically analyze theoretical frameworks

Nursing is always in a state of change.

Nursing knowledge continues to expand in a multiplicity of ways.

New theories will come from a global perspective and international nursing leaders in the 21st century.