

INTRODUCTION

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Course Coordinator

473 Peds

The background features several large, flowing, abstract shapes in light green, light purple, and light blue. Interspersed among these are numerous small, yellow, triangular shapes that resemble confetti or starbursts, scattered across the white background.

WELCOME!

Goal

By the end of this course, each student is expected to

- **Have general grasp of the field of pediatrics**
- **Master the basic principles and skills of pediatrics that will allow him to work as an efficient and capable intern**

Keys to Success in this course

- **Punctuality**
- **Motivation**
- **Lots of clinical exposure**
- **Critical thinking**
- **Make good use of your teachers**
- **Reading Reading Reading**

Recommended Texts

BOOK TITLE	AUTHOR(s) / EDITOR
1. Illustrated Textbook of Paediatrics	Tom Lissauer Graham Clayden
2. Nelson Essential Pediatrics	Kliegman / Marcantel / Jenson / Behrman
3. Pediatric Clinical Examination	Gill and O'Brien
4. Illustrated Self Assessment in Pediatrics	Graham Roberts Caroline Foster Michael Coren Tom Lissauer
5. الطفل: التاريخ المرضي و الفحص السريري	أ.د. عبدالله بن سليمان الحربش

Student's Guide

KING SAUD UNIVERSITY
COLLEGE OF MEDICINE
DEPARTMENT OF PEDIATRICS



STUDENT GUIDE TO PEDIATRIC COURSE 473

1427-1428
1427-1428
(2006-2007)

Distribution

- 4 Major groups A,B,C,and D; each subdivided into 3 subgroups (e.g. A1, A2, A3) total of 12 subgroups:
 - 6 subgroups in KKUH
 - 6 subgroups in KFMC
- Swab in week 7

Students
473 Peds

A

B

C

D

A1

B1

C1

D1

A2

B2

C2

D2

A3

B3

C3

D3

Activities

- **Tutorials: always come prepared**
- **Clinical sessions: 9-12 am, 2/wk**
- **Ward rotation: as a sub intern**
- **OPD: AM or PM**
- **ER: 8-12, 12-4, 4-8**
- **Nursery: AM or PM**
- **Morning report: important**

Activities

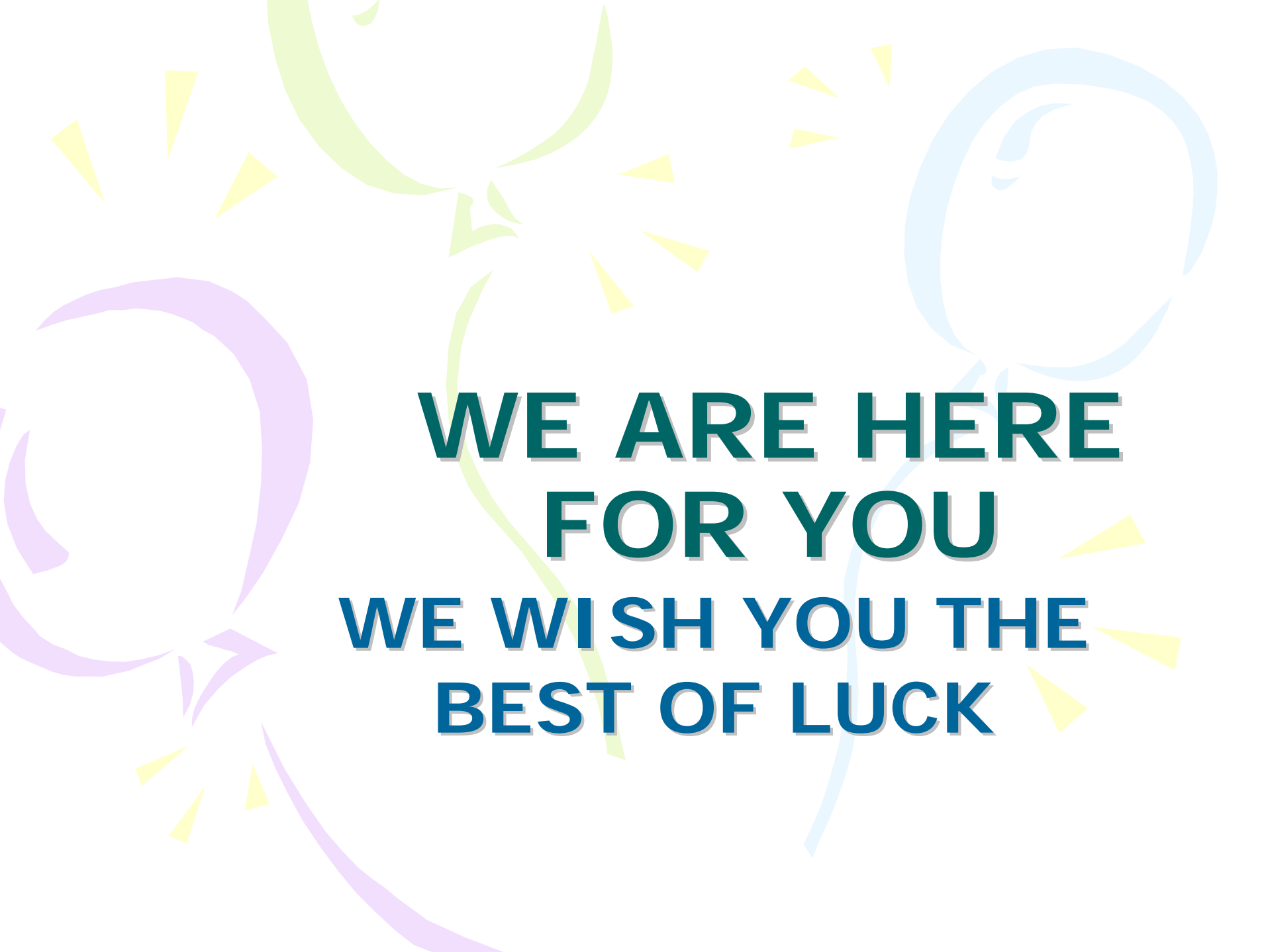
- **Clerking:**
 - **Should be genuine**
 - **Hand written, readable and clear**
 - **Stick to the given format**
 - **Strictly adhere to time limits**
 - **Different cases from different systems**

Exams

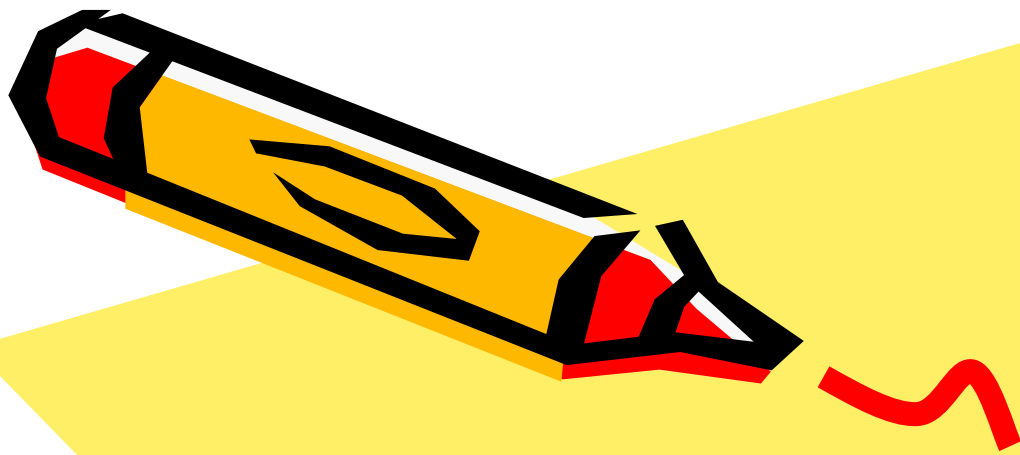
- **MCQs:**
 - **Mid-Cycle: usually in week 9**
 - **Final: week 12**
 - **case scenario format**
- **OSCE:**
 - **week 12**
 - **5 stations including history taking, physical examination and oral**

Extra Notes

- **Extra sessions arranged for the whole group should only be on Thursdays**
- **Remember to fill the course evaluation sheet and submit it during the mid-cycle exam**

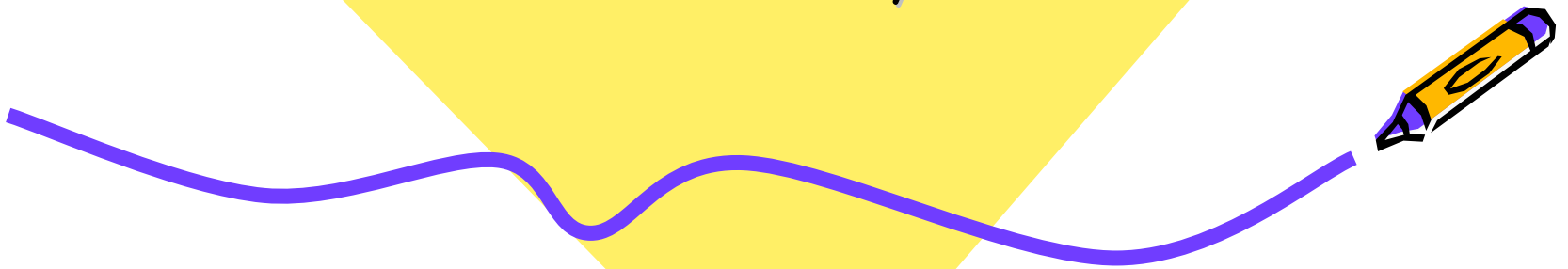
The background features several large, stylized, overlapping swirls in shades of purple, green, and light blue. Scattered throughout are numerous small, yellow, starburst-like shapes, some pointing towards the center and others towards the edges, creating a celebratory and energetic atmosphere.

**WE ARE HERE
FOR YOU
WE WISH YOU THE
BEST OF LUCK**



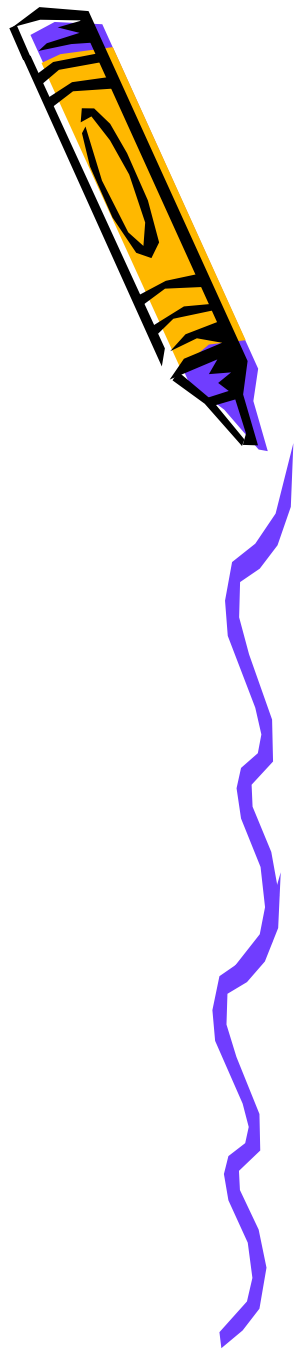
History Taking in Pediatrics

Same as adults, Plus!



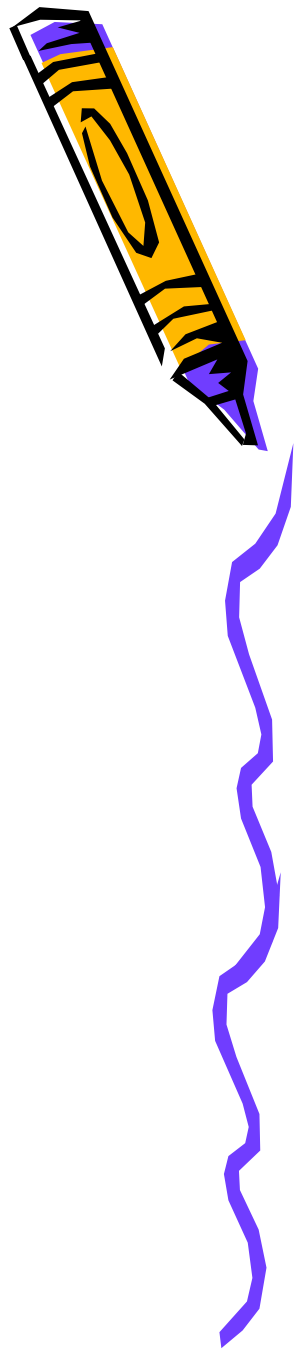
History Taking

- Patient ID
- Present Complaint(s) (C/O)
- History of Present Complaint(s) (HPI)
- Past Medical History (PMHX)
- Pregnancy and delivery
- Neonatal History
- Systemic Review
- Family History (FHX)
- Social History
- Vaccination History
- Nutritional History
- Developmental History
- Drugs
- Allergy



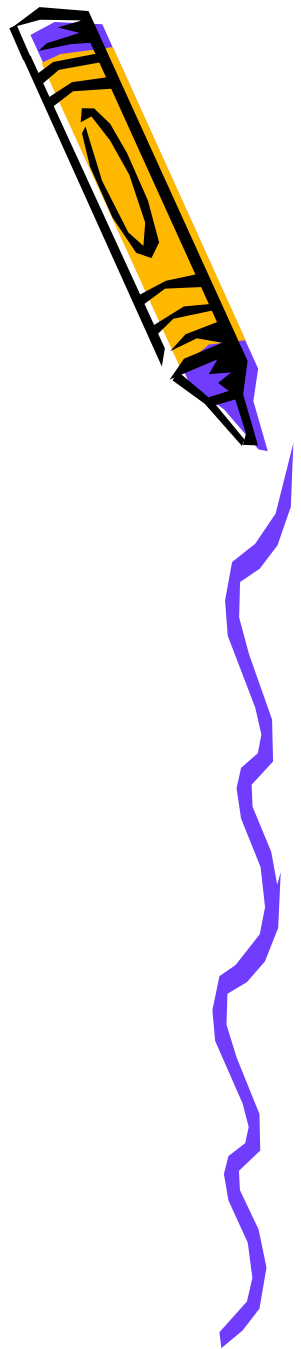
How is Peds History Different?

- Informant
 - Who?
 - Reliability



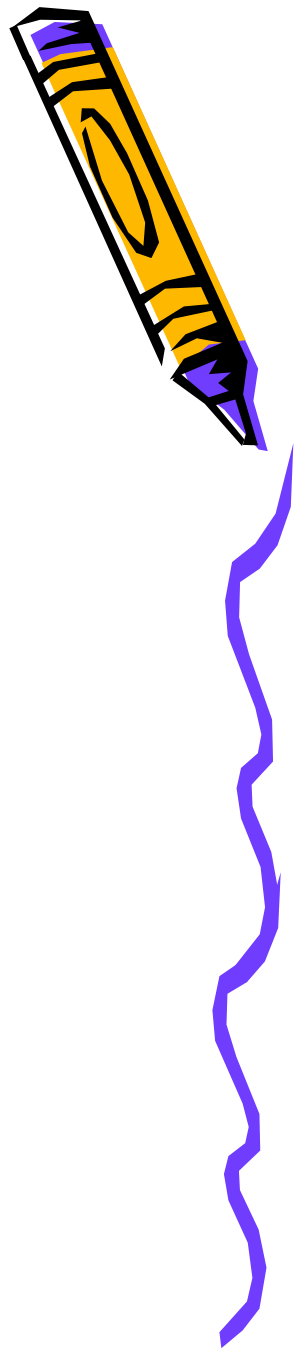
How is Peds History Different?

- Family History
 - More detailed
 - Learn to draw family pedigree
- Social History
 - School level and grades
 - Relationship with parents and siblings
 - Friends

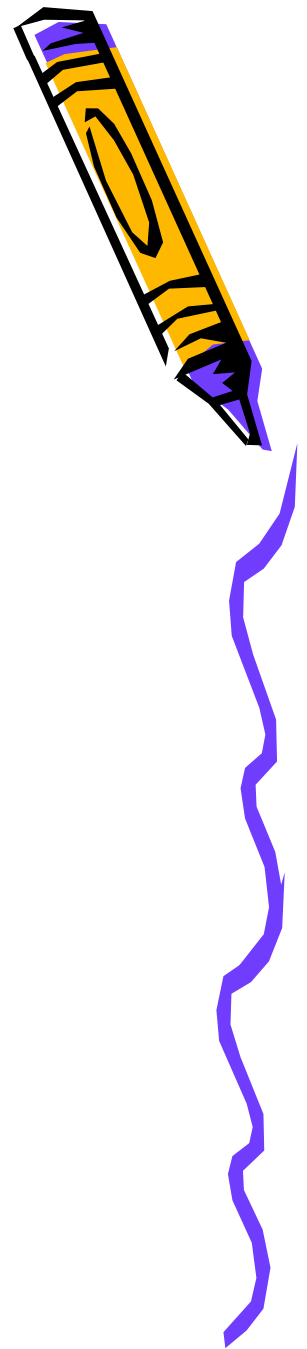


How is Peds History Different?

- Pregnancy and delivery
- Nutritional History
 - Breast feeding vs. bottle
 - Amount and frequency
 - Quality of food



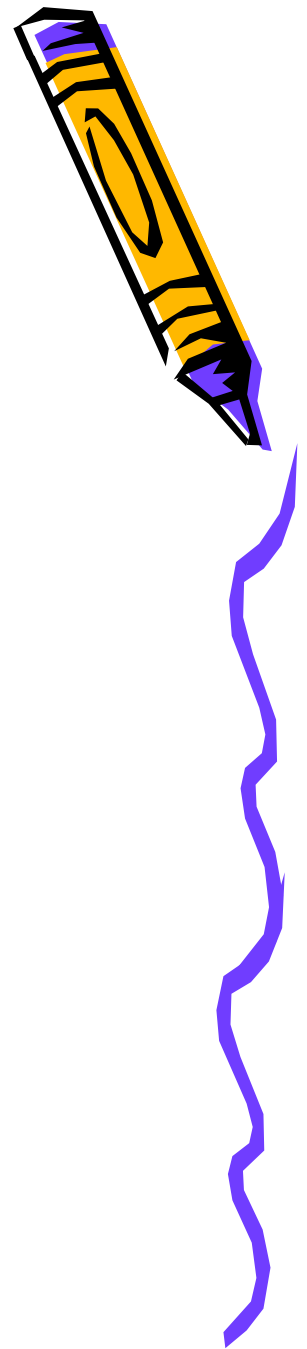
How is Peds History Different?



- Developmental History
 1. **Gross Motor:** e.g. sitting and walking
 2. **Fine Motor:** e.g. Pincer grasp and scribble
 3. **Language:** e.g. say "mama" "baba" and two words sentence
 4. **Social:** e.g. smiling, playing with others



How is Peds History Different?



- Immunizations:
 - Know the local schedule
 - Killed or live attenuated
 - How are they given?
 - Adverse effects
 - Avoid "up to date"



TIPS

- Some parents may exaggerate or mislead you so ask specific questions
- Show appreciation and empathy with parents anxiety and worry
- Be aware of the sensitivity of some issues in the family life
- Take note of the parents behavior

