

Article XII
POST GRADUATE UNIT

The King Saud University Fellowship in Otorhinolaryngology and Head and Neck Surgery specialty.

As of the academic year 1428-1429 (2007-2008), the Fellowship is separated from that of the Training Program of the Saudi Board.

Section 1. - Information

King Abdulaziz University Hospital is one of the Teaching Institutions under King Saud University Hospital where it offers a Continuing Medical Education through its Fellowship over the years.

One of its Fellowship Programs offers is in the field of Otorhinolaryngology and Head and Neck Surgery where, the Fellowship then is tied up and/or combined with that of the Training Program of the Saudi Council for Health Specialties. King Abdulaziz University Hospital's ORL Department then plays an important role and considered as the Center Hospital.

While, five (5) other hospitals are affiliated and as well participating, where the Candidates are rotating during their entire training period (King Abdulaziz Medical City, Riyadh Al-Kharj Hospital, Riyadh Medical City, Security Forces Hospital and King Faisal Specialist and Research Centre)

Section 2. - Post Graduate Unit

While ORL Department of King Abdulaziz University Hospital plays the major role, its Post Graduates' Unit then is under its Department's umbrella that shared the responsibilities concerning the affairs and handling the Candidates' affairs and its program preparations.

Post Graduate Coordinator has been delegated to handle the above responsibilities and has a direct supervision on this task. He is coordinating with the members of the affiliated hospitals to attain the smooth flow of the training program. He is as well responsible in furnishing the information to all its approving body particularly the ORL Department's Board Members.

In coordination with the Department, in coming Residents will be given the necessary and important information as a sort of orientation which include:

- a) Securing bleep - Candidates may secure their bleep to the Post Graduate Unit's Secretary at the beginning of each rotation and advising to return those bleeps at the end of their rotation.

- b) Bleeping system – Post Graduate Unit’s Secretary can assist the Candidates on how to use the bleep system in the hospital
- c) Their respective duties and obligations as per Department’s requirement e.g. on-call, workload-where it implies all the Residents activities for the whole rotation period. (these can be explained by the Post Graduate’s Secretary, Department’s Secretary and/or Clinic Coordination Secretary)
- d) Parking space and Candidates’ Badge– Candidates can coordinate with the PG Unit’s Secretary.

For the arrangement of these things, a letter will be sent to the Executive Director to request for the parking space for the rotating Candidates and their respective Badges for identification purposes.

- e) Advising them to go to Medical Records Department in securing their password to access to the Dictaphone system and/or contact the Secretaries at extension # 1051-1056 (note: usually, prior to the beginning of the new rotation, leaflet has been distributed to each of the Candidate for their information and the specified password numbers were indicated)
- f) At the end of each rotation, Department’s clearance form should be secured and completed and this should be submitted to the Department (see attachment)
- g) Other instruction in relation to the Training Program and in relation to their rotation in the Department can be assisted by the Post Graduate and the Department’s Secretary.

Section 3. - Residency’s Affairs

With pertains to the Residency’s affairs, originally it has a program of 4-year duration structured training period in Otorhinolaryngology. But, it was rectified by the Executive Board / Scientific Board of the Training Program to a **5-year duration period** to attain the maximum year of training exposures and expertise needed by the Candidates effective 1 October 2000.

Level of Residency is determined through category

- R1** – 1st Level (Rotation in General Surgery – ICU, Plastic and Neurosurgery)
- R2** – 2nd Level (rotation in ENT proper down to R5)
- R3** – 3rd Level
- R4** – 4th Level
- R5** – 5th Level (Graduating batch)

R1 Candidates will be rotating in the field of General Surgery as mentioned above for a period of 1 year. While, for the R2 to R5, their rotation interval is within 3 months time. Hence forth, 4-rotation period in each academic year.

Distribution of Candidates' rotation will be determined during the Residency Training Committee Meeting prior to the beginning of its academic year in October.

Section 4- Rotation

There are four quarters in each academic year. Since, October is the beginning of the academic year, the first quarter will commence in October until December, 2nd is January to March, 3rd is April to June and the last quarter is July to September. though for the past year, the rotaion has been ratified every 6 months.

Prior to the beginning of each academic year, distribution of Candidates will be arranged and they will be deployed and distributed accordingly to the affiliated hospitals with respect to their levels of Residency and with respect to the general rules stipulated in the Residency Training Committee's By-Laws and Policies.

a) Resident's workload

There are 4 ORL Department's Groups of King Abdulaziz University Hospital which consist of Consultants in their distinct and respective fields of specialties.

Candidates will be distributed among these groups, ensuring that on the whole training periods, chances to rotate in each group will be there for their appropriate exposures in different fields of specialty and under the supervision of each Group's Head.

Proposal then, on the allocation and/or distribution of the Residents will be made by the Coordinator and will be forwarded to the Department Board for its approval. When the allocation of Group of the specific Candidate has been determined, whole week activities are there which was made by the Clinic Coordinator and consequently approved by the Head of the Department as a guidance for the Candidates as well as for the Department as a whole.

DAY	CLINIC	ADMISSION/ CLERKING	PRE-OP	OR	POST OP	OTHER DIRECTIVE DUTY
SAT	Group III	Group II	Group II	Group I	---	
SUN	Group IV	Group III	Group III	Group II	Group I	
MON	Group I	Group IV	Group IV	Group III	Group II	
TUE	--	-		ER CASES Any group	Group III	
WED	Group II	Group I	Group I	Group IV	----	
THURS					Group IV	

Other Directive Duty: the concern of this aspect is for the Residents and Registrars on their free time slot to cover whatever Group that has a Staff shortage that comply to the department's protocol. This is also a means of exposure especially to the Candidates to ENT related works whether in Clinic and OR with variety of ENT cases.

The Department is encouraging its Candidates to stay in the hospital as much as they could to enable them to gain the much needed exposures in enhancing their individual crafts whether to deploy them in OR, Clinic and other hospital activity and related works.

Other Department's guidelines (as per affiliated hospitals) General Policies and Procedures are expected to be adhered to by all the Candidates.

b) Residents' On-call Duty

As part of the Candidates' duties and obligations, they will be given an on-call duties. This on call schedule will be on a monthly basis. As a rule, a maximum of 10 on calls are allocated to each Candidates and in compliance to the Department's protocol (see attachment).

Junior Candidates (R2 & R3) will be on the first on call slot, while, the **Seniors (R4 / R5)** will be on the second on-call slot the same as the registrars of the Hospital.

Note that, Senior Candidates will be having a double number of duties as compared to that of the Registrars as per Department's policies

In addition, Junior Candidates (R2 & R3) are expected to inform all the attended cases during his/her on call days and subsequently, Senior will inform the respective Consultant on call on those cases for their proper management of each cases.

c) Group Activity

As part of the Department's continuing medical education, group activities are assigned other than that of the usual activities for the Candidates which will be mentioned on the later part.

With Department's 4 groups, this will be divided into 2 subgroups, Group I – Group III and Group II - Group IV. Each Candidate of the 2 subgroups will be presenting a case presentation. This case then will be discussed and related literatures are reviewed by the Teaching Staff of the concern group in support and give a more detailed explanations. The venue is usually in the lecture hall of Building 2.

d) Rounds

Pre and Post operation rounds (5A, 5B, 6A, 6B) are there for a specific group as mentioned above as part of the whole week activity for the Candidates.

During these rounds, discussions and teaching sessions are being administered in order to have a good and concrete knowledge of each patient's cases.

e) Clinic

Specific clinic day is assigned to each Candidate depending on their group allocation. (see above schedule).

Candidate has an assigned clinic room adjacent to his/her Consultant-in-Charge. Different cases are there, consultation and referrals are made by the Resident to the Staff for discussion and further management.

Overall, ENT Clinic has 8 rooms and situated in Ground floor of the main Building (Building 1). The clinic will start at 8:00 a.m. to 12:00 noon, while, in the afternoon, from 1:00 p.m. to 4:30 p.m..

f) Operation

One of the objectives of the Training Program for the Candidates is to give a more exposure and active participation in different variety of ENT procedures.

Candidates are expected to acquire a good surgical skills through the supervision of the Consultant in charge of the ENT Group. Candidate will be exposed to variety of cases and they will be allowed to participate either as Surgeon, 1st or 2nd Assistant .

As a requirement of the Training Program, at the end of each rotation, Residents are obliged to submit their logbook summary and to be submitted to Post Graduate Unit. In turn, these will be discussed and assessed by the Residency Training Committee on their meeting.

It has been advised as well to the Candidates to show their logbook to their respective Supervising Staff on a weekly basis and ask their signature(s) attesting to the listed procedures.

The operation theater is located in level 2 of Building 1.

The OR schedule will start at 7:30 a.m. until 4:30 p.m.

g) Internal Affairs

Any problems arising within the Group that concern with the Residents, this should be tackled and solved within the Group itself. However, if interference will be needed, this can be forwarded to the Coordinator, if not and/or depends on the weight of the incident, this can be addressed to the Head of the Department for Department Board resolution.

Section 5 - Hospital Feed Back Information

Prior to the end of each rotation period and each academic year, Candidates are requested to evaluate as well, the Teaching Staff of the affiliated hospitals.

These evaluations will be discussed in the Residency Training Committee.

Appropriate communication will be prepared by the Committee basing on the evaluations and to be sent to the concern Teaching Staff / Department Head for their information.

Section 6 - Program/ Scientific Activities

a) Basic Science Course

This is a one (1)-month compulsory Course to all the R2 Candidates of the

Combined Residency training Program and held each year on the first Saturday after the Ramadan Holiday.

Residents concerned will be released from their clinical training and commitments, and other hospital obligations on the inclusive period.

For the past two years, the Course was administered in other Region and on the coming year, it will be decided by the Committee.

b) Clinical Meeting Activity

The activity will start at 1:00 p.m. to 2:00 p.m. in the main auditorium, 4th floor of Building 1 of King Abdulaziz University Hospital which is under the supervision of the Head of the ORL Department.

The program is arranged by the Clinical Meeting Coordinator which includes Clinico-Radiological Presentation, Clinico-Pathological Presentation, Case Presentation, Mortality and Morbidity, Statistics and Epidemiology, Speech and Audiology Case Presentation and the Journal Presentation of the Candidates.

Occasionally there are presentations from the Companies, for their machine demonstration which acquired by the Hospital, presentation of the invited Speakers from outside the Hospital and Country.

Participation of all the Teaching Staff in the University is compulsory to ensure a live and active discussions that will be beneficial to all Candidates.

Above activity is announced to all the affiliated hospitals as a sort of information and an invitation as well.

c) Tutorial Program

This programme is arranged by the Coordinator and in coordination with the Chairman of the Residency Training Committee prior to the commencement of the academic year which was also discussed and approved in the Residency Training Committee.

Since, this activity is maintaining its valuation to the Speakers, at the end of each academic year, these Speakers' evaluation will be discussed in the RTC meeting. Appreciation letter will be sent to those who garnered the best marks.

This is being held as well in King Abdulaziz University Hospita's main auditorium from 2:00 p.m. to 4:00 p.m. after the Clinical Meeting activity.

d) Journal Club Meeting / ENT Club Meeting

This is one of the ORL Society's activities for all the ENT Specialty Doctors.

This intent for their continuing Medical education and a sort of social gathering.

Lectures are being conducted here and hosted by the affiliated hospitals. Residents of the Training Program are obliged to attend this activity.

This is a chance as well to meet all their colleagues (ENT Doctors) and occasionally, meet Speakers invited during the Seminars/ Courses and or a visiting Professor.

e) Other related scientific activities

Candidates are encourage to attend other related scientific activities including Seminars, Courses and Conference to enable them to abreast to new information that can be gained on these activities. All above-mentioned activities are maintaining an attendance sheets for the Candidates since these have a bearing in computing their promotion grades except on item # 5.

Section 7 - Evaluation

At the end of each rotation period, a standard form of evaluation has been formed and Candidates will be evaluated basing on the following criteria / fields stated on this.

1. Knowledge
 - a) Basic
 - b) Clinical

2. Clinical Skills
 - a) History & Physical Examination
 - b) Clinical Judgment and Decision Making
 - c) Consultation skills
 - d) Performance in emergencies
 - e) Appropriate utilization of the investigation
 - f) Records and reports
 - g) Participation in scientific activities

3. Operative and interventional skills
 - a) Indication and judgment
 - b) Technical

4. Personality and Ethics
 - a) Punctuality

- b) Discipline and reliability
- c) Attitude to patients
- d) Attitude to Staff
- e) Ability to supervise

At the end of the rotation period, evaluations of the Candidates will be asked by the Post Graduates' Coordinator to submit to their Unit. Once all evaluations have been secured, in particular for the King Abdulaziz University Hospital, these will be forwarded to the Head of the Department for their discussion and for their approval on the Department Board Meeting.

Likewise, these will be discussed by the Residency Training Committee and once approved, these will be forwarded to King Saud University and to Saudi Council for its reference and filing purposes.

Section 8 - Examination

a) Selection Examination

Selection examination is administered on the 2nd Saturday of April each year for the in-takes on the next academic year.

The venue is in the lecture hall, level 2 of Building 2 of King Abdulaziz University Hospital.

Appropriate preparations are being conducted in collaboration with the Continuing Medical Education Centre including its announcement and with regards to the direct communication with the applicants prior to its commencement.

Result of the above examination will be discussed by the Examination Committee for its approval. Consequently, this will be forwarded to the Head of the Department of King Abdulaziz University Hospital for its Board's approval.

Upon securing its approval from the Board, a correspondence will be made addressed to the Dean of the University, King Saud University for its approval and the rest of the Communication will be made by the Continuing Medical Education, in the office of its Director in coordination with the Post Graduates' Unit.

Appropriate acceptance letter will be sent to the selected Candidates particularly, the information when the deadline will be since most cases, those accepted Candidates were not able to complete their requirements, hence, from the stand by status its where we are pulling to include in the final selected candidates. Please note that only 6 Candidates are allotted for this

program.

b) Promotion Examination

Prior to a higher level, Candidates are expected to pass the yearly Promotion Examination. For the Written, it is scheduled each year on the 2nd Saturday of June followed by the Oral examination on the coming Tuesday and usually falls on the 2nd Tuesday of June of each year as well.

In Oral, there are TWO examiners in each Examination Committee. Each Committee has a bearing of 10 marks (10%) each.

Committee I and II Examiners are assigned for the Senior Levels, while, Committee III and IV for the Junior Levels.

Out of 100 %, 50% is allotted to its written examination. The remaining 50% is computed from the Candidates' Oral Examination Result, Hospital Rotation Evaluation, Attendance of the Clinical Meeting and Tutorial, Evaluation from the Candidates Journal Presentation during Clinical Meeting, Log Book Summary.

Passing mark is 60 %.

Note: Saudi Council's yearly 1st Part Examination has an inter relation to promotion as well. Candidates will not be promoted to R4 level unless he/she pass the 1st part Saudi Board Examination. However, 3 chances are given to each Candidate.

Result of this promotion examination and a confirmation from the Residency Training Committee will be forwarded for approval to the Department Board of King Abdulaziz University Hospital and to the Saudi Council for Health Specialties' Scientific Board and Central Supervision Committee.

c) Final Examination

KSU Fellowship

Graduating Candidate(s) is/are eligible to sit on this examination only if they will pass all the necessary and incidental requirements including in particular, the hospital rotation evaluation and promotion examination.

This examination consists of Written and Oral examination and held in October each year. The written will be on the 2nd Saturday and has 2 sets, first set in the morning and the second set in the afternoon. Candidate should

score a minimum of 50% in final written examination to be eligible to sit in the oral examination.

While, on the Oral Examination (which usually inviting an External Examiner),

Four Examination Committees are there with a 10 marks/percentage each. For each Committee, it comprises of 2 Members that deal in different field; Otology, Rhinology, Larynx/Pharynx and Head and Neck, Principles of Surgery with allotted time of 20 minutes per Candidate.

Out of 100 %, 60% is allotted for the Written Examination and 40% for its Oral. Close marking system is implemented by the KSU Fellowship's

Examination Committee in determining the passing marks of the Candidates; Passing mark (70), Border Line (69) and Failure (68 down).

The result will be forwarded to the KAUH's ORL Department Board Members for its Approval before sending to King Saud University.

For those who fail, three attempts are allowed to pass on this final.

Section 9 - Footnote

Upon completion of the training program, the trainee should have gained sound and solid knowledge of otorhinolaryngology. He/she should have gained enough clinical and technical experience to practice as a safe and competent otorhinolaryngology Head & Neck surgeon. He/she should be able to evaluate, assess, diagnose all problems of otorhinolaryngology and safely manage them.

At the end of training, the candidate should have the following capabilities and skills:

Section 10 - Candidate(s) in the other fields of specialties and/other Candidate/Trainee

Other Saudi Board Candidate(s) from other fields of specialties are also doing their ENT rotation to the Department for the period of 1-month and/or as specified by the Training Program/Department.

1) Family Medicince

As part of the Candidate(s) trainig requirements, Candidate has to complete their 1-month rotation in the field of ENT. Hence, Post Graduate Unit has the duty to distribute them in order to attain and gain knowledge and the necessary exposure in the field of ENT.

Candidate(s) is(are) deployed in Speech Unit, Audiology Unit and ENT Clinic.

2) Oral and Maxillofacial Surgery

The same provisions but the allocation is the same as the Rotation Candidates of the Combined KSU Fellowship and Saudi Board Training Program (see the aforementioned infromation) which includes Clinic, Pre-op Op round, Admission and Clerking and other scientific activity of the department.

3) Interns

Though, primarily, this is the job description of the Department's Undergraduate Program's Coordinator.

Related rotation and workload of the Interns will be as the same as the Candidates of the Combined Training Program as well.